

A woman with wet hair is leaning against the tiled edge of a swimming pool, looking towards the camera. The background is a dense, sun-dappled forest. The text 'Spa Anise' is written in a large, elegant script font, with a small star above the 'i'. Below it, 'DAY SPA MENU' is written in a smaller, clean, sans-serif font.

Spa Anise

DAY SPA MENU

The logo features a stylized, multi-petaled flower or star shape to the left of the text.

SPICERS
TAMARIND RETREAT



WELCOME TO THE *Spa Anise experience*

Enjoy the serenity of the lush green rainforest and rolling hills of the hinterland from your own private oasis at Spa Anise, Spicers Tamarind Retreat. The purpose-built day spa boasts four beautifully appointed treatment rooms, a spacious relaxation lounge and luxurious hydrotherapy room including a steam room, rain shower and mineralised spa.

Every Spa Anise guest receives a welcome drink on arrival and exclusive use of our relaxation lounge where complimentary herbal tea is served.

At Spa Anise the focus is on you and your relaxation, whether it be with one of our specially formulated experiences or one of your own creation.

COUPLES

signature experiences

2 HRS - \$260PP

EXPERIENCE ONE

This Signature experience begins with a 30 minute tailored aromatherapy massage to release tension.

Once relaxed, the experience continues with our Fruit Enzyme Facial, an exfoliating and refining facial treatment rich in exotic tropical fruits, crushed citrus rind and berries to revitalise the duller of skin types. Rich in natural fruit enzymes, antioxidants and premium fruit concentrates to smooth and revitalise, skin is left luminous, glowing and refreshed.

EXPERIENCE TWO

This Signature experience is a fusion of massage, facial and foot treatments to relax from head to toe. A full-body aromatherapy massage thoroughly relaxes and releases tension, and our Petit Spa Facial is an express facial offering a quick pick-me up to brighten the complexion. This experience is completed with a deeply relaxing foot massage with bamboo and spearmint to exfoliate and invigorate the skin, followed by a nourishing ginkgo and shea nut balm to hydrate.





THE ULTIMATE

sensory journey

TAMARIND’S ULTIMATE RETREAT - 5 HRS \$625PP

The ultimate full body spa indulgence. Your journey begins with a skin smoothing full body exfoliation layered with pure French clay to detox and remineralise before surrendering to a deeply relaxing full body massage. This treatment is infused with precious oils of evening primrose, jojoba and vitamin E to promote glowing skin and day long hydration. Be tantalised with a spa cuisine lunch prepared by our award winning chefs, enjoying the vista on our relaxation deck. Complete your retreat with a 90 minute Performance Spa Facial featuring advanced actives and pure botanicals to deliver intense results, along with a reflexology foot treatment that will leave you grounded and revitalised. A spa journey that entwines relaxation with rejuvenation for a day of blissful wellness.

SPICE OF LIFE - 3 HRS \$395PP

Revitalise and renew with this aromatic cleansing treatment from head to toe. Re-energise with a full body exfoliation before hibernating in your cocoon of spiced chai botanicals and a tailored full body massage. The complexion is renewed with a 45 minute botanical facial designed for your skin type. Completing your spa experience is a 45 minute botanical barefoot indulgence using the ancient techniques of massage, reflexology, aromatherapy and pure botanicals. Absolute heaven from head to toe.

ORGANIC PEACE - 2 HRS \$285PP

The ultimate sensory journey for those wishing to deeply nurture their skin, soothe the nervous system and find stillness. Begin your experience with a vanilla bean infused full body exfoliation, a cocoon of organic honey, cocoa & white French clay are then applied to soothe, heal and nourish the skin. Completely unwind with our Petit Spa Facial and tailored full body massage using gentle rhythmic acupressure to inspire energy flow and true relaxation.

PURIFYING MARINE DETOX WRAP - 2 HRS \$285PP

A deeply detoxifying body ritual designed to combat congested, uneven and cellulite prone skin. A stimulating blend of essential oils steeped in pure marine extracts and active botanicals purify, decongest and stimulate to balance and revitalise skin, whilst therapeutic massage and reflexology stimulate digestion and lymphatic circulation, aiding in the relief of fluid retention and toxin elimination.

MOROCCAN MELT SUGAR SMOOTHER - 1.5 HRS \$195PP

An intensely invigorating treatment to buff skin from top to toe revealing a silky smooth complexion whilst stimulating circulation to gently detoxify the body and combat cellulite. This treatment also incorporates a full body molten balm massage to unwind tension and lock in moisture.

BLISSFUL BABY-MOON - 1.5 HRS \$195PP

A dedicated pregnancy massage to support and nurture your body. Rejoice as you and your baby enjoy the benefits of your relaxation and stillness. A calming and soothing Petit Spa Facial blended with healing honey and chamomile to gently nurture, hydrate and radiate your glow completes this experience.

DAY SPA SAMPLER - 1.5 HRS \$165PP

Begin by unwinding with 30 minutes in the luxury Hydrotherapy Room (steam room, rainfall shower and mineralised spa pool), followed by our Signature foot ritual and 60 minute aromatherapy massage.

BOTANICAL PEDICURE PERFECTION - 45 MINS \$95PP

Commencing with an aromatic foot soak, feet are gently buffed to remove any skin build up. Toenails will be buffed and shaped ready for Laquoir Polishes to be applied for the perfect pedicure finish. A spearmint and ginkgo hydration infusion will nourish tired feet.

BOTANICAL BAREFOOT INDULGENCE - 1 HR \$145PP

Using the ancient techniques of massage, reflexology, aromatherapy and pure botanicals this aromatic foot treatment relieves stress and tension while enhancing relaxation and general well-being, leaving feet smooth enough to kiss!

BOTANICAL MANICURE MAGIC - 45 MINS \$95PP

Your fingernails will be gently filed and buffed to your desired length and shaped ready for Laquoir Polishes to be applied for the perfect manicure look and finish. A hydration infusion of cold pressed precious oils, exotic Moroccan rose and guava completes the manicure treatment.

***Laquoir polish has a long lasting finish with its UV setting properties and requires removal.**

PERFORMANCE

Spa facials

1.5 HRS \$195PP

Results-driven facials using exclusive formulations designed to treat specific skin conditions.

YOUTH ELIXIR

The ultimate anti-ageing treatment offering an infusion of precious omega serums and opulent essential oils to deeply rejuvenate, replenish and renew. Enriched with exquisite essential oils of rose balsam, crushed nut butters and anti-ageing vitamins to deliver the ultimate hydration treatment.

FRUIT ENZYME

An exfoliating and refining facial treatment rich in exotic tropical fruits, crushed citrus rind and berries to revitalise the duller of skin types. Drenched in natural fruit enzymes, antioxidants and premium fruit concentrates to smooth and revitalise, skin is left luminous, glowing and refreshed.

PHYTO NUTRIENT

A rebalancing facial targeting problematic congested skin to equalise oil while effectively purifying the complexion. Boosted with nutrient rich marine and herbal infusions, healing essential oils and vitamins, this is the ultimate treatment to strengthen and transform skin to promote a clear complexion.

SEASONAL

Spa facials

1 HR \$145PP

Limited edition Seasonal Spa Facials celebrate the changing seasons by capturing a botanical harvest bursting with active nutrients to target skin concerns while hydrating and revitalising the complexion.

Contact our Spa Anise team for information on the latest seasonal release facial.



CREATE YOUR OWN

Spa experience

2 ITEMS - \$75 EACH • 3 ITEMS - \$70 EACH

4 ITEMS - \$65 EACH • 5 ITEMS - \$60 EACH

Create your own experience or add some extra spice to your treatment.

REVITAL-EYES

A revitalising layered treatment dedicated to the delicate eye area. Skin firmness, elasticity, tone and texture are plumped and reconditioned. Essential for beautiful, fresh, rejuvenated eyes.

HEAVENLY HANDS

Give your hands the time they deserve with a dedicated exfoliation, clay infusion and complete with a hydration boost of exotic Moroccan rose, guava and vitamins. The perfect accompaniment to any Spa Facial.

PETIT SPA FACIAL

An express facial designed to offer a quick pick-me up to brighten, nourish and revitalise using pure cold press plant oils, fruit extracts, French clay and a hydrating infusion of essential oils.

FABULOUS FEET

Complete your spa experience with a relaxing foot massage. Bamboo and spearmint exfoliates and invigorates the skin, followed by a nourishing ginkgo and shea nut balm to hydrate.

HEAVENLY HAIR

A pure botanical hair treatment and scalp massage to restore a supple mind and hair that shines. Delivering intense conditioning to revitalise damaged hair with a blend of jojoba, hazelnut and apricot oil fortified with marine collagen, mineral rich French clay and pro vitamin B5.

ISSADA FOCUS SESSION

An express make-up application offering you the opportunity to learn techniques tailored to your complexion and refresh your look using the latest colours. The perfect accompaniment to any facial to not only continue delivering your skin nutrition but protection from external environmental elements.

KNEAD MORE

Extend your Spa Anise experience with a 30 minute Aromatherapy Massage Treatment of your choice.

HYDROTHERAPY

treatment room

1 HR \$35PP • 30 MINS \$20PP

Our hydrotherapy facilities are available for stand-alone bookings, or prior to a spa treatment to increase the therapeutic benefits. Use of the mineralised spa, rain shower and steam room is \$35 per 60 minutes or \$20 per 30 minutes. Prices are per person. Please note swimwear is required.

AROMATHERAPY

massage treatments

1.5 HRS \$195PP

A synergy of ancient & modern healing arts, botanical skin nutrition and peaceful relaxation time, tailored to meet your individual needs by our professional spa therapists.

RELAXATION MESSAGE

Harmonise your body’s senses with this calming full body massage using a blend of pure essential oils chosen by you. Light to medium pressure will soothe aches and pains, ease nervous tension and induce healing, leaving you feeling blissful and relaxed. The perfect way to unwind.

REMEDIAL MESSAGE*

An energising and healing blend of oils is applied during this deeper style massage to heal and revitalise muscles and mind. Your qualified remedial therapist will tailor your treatment using deep tissue, acupressure and muscle release techniques to target your areas of tension and pain. Perfect for those wanting a firmer style of massage.

YIN YANG MESSAGE

Restore balance with a combination of traditional deep tissue massage of the back, acupressure massage of the head and reflexology techniques to the feet. An ideal regular treatment for busy professionals needing relief from headaches and sore feet.

HAHANA HOT STONE MESSAGE

Relax, unwind and be transported to another dimension with Hahana Hot Stone Massage. Using rhythmic Hawaiian lomi lomi techniques to allow the stones to release their healing energies deep into the muscles, dissolving any tension and stress. A sensory experience to harmonise the body, mind and spirit.



PREGNANCY MESSAGE

See Blissful Baby-Moon on page five.

CHOOSE FROM OUR HANDMADE OIL BLENDS:

RELAXATION

Frankincense, Bergamot, Sweet Orange, Rose Geranium, French Lavender for relaxation.

PRINCESS

Indian Jasmine, Australian Sandalwood, Cinnamon Leaf, Mandarin Rind, Ylang Ylang for nurturing.

REVITALISE

Lemongrass, Rosemary, Eucalyptus, Black Pepper, Ginger and Peppermint for sore muscles.

PRENATAL

Mandarin and Orange Rind, Australian Sandalwood, French Lavender calming and pregnancy safe.

*HICAPS available. Must be requested at time of booking.

DEDICATED CONSULTATION

Every treatment begins with a signature foot bath ritual where your feet are immersed in warm water and an infusion of aromatic oils. This ritual is designed to help you relax into your blissful spa experience and allow time for a dedicated consultation.

PROFESSIONAL SPA THERAPISTS

Your Spa Anise therapist is highly trained and fully qualified to tailor your spa experience. Your privacy is maintained at all times and comfy slippers and plush robes are available for your convenience. Please inform us of any health related issues you may have at the time of booking. Conditions we need to know about include but are not limited to: high blood pressure, heart conditions, allergies and pregnancy. If you are unsure whether something might be important please discuss this with your therapist.

SPICERS SPA CUISINE

Continue your sensory journey by incorporating our amazing Spa Cuisine menu options. A lighter menu has been created to enhance your chosen treatment package and assist the body’s natural healing process. Our Head Chef sources fresh local produce to design and deliver a menu that changes with the season. All dietary requirements can be catered for with advance notice - please ask at time of booking.

SPA PARTIES AND GROUP TRANSFERS

Let Spa Anise take care of your special occasion. Perfect for groups, hens parties, birthdays, corporate events, conferences, girls getaways - all tailored to your specific needs. Whether it’s a day of laughs, lunch and bubbly with friends, soaking in the hydrotherapy room or a few hours of therapeutic spa rituals, Spa Anise offers a unique and memorable spa experience. Ask us about our free Shuttle Bus pick up service for local groups.

FOR MONTHLY SPECIAL OFFERS & ACCOMMODATION PACKAGES *see our website*



WATERLILY

Waterlily is a professionally exclusive Australian Spa Collection of face and body treatments rich in pure Aromaceutical essential oils and active botanical phytonutrients. Each formulation has been created to visibly rejuvenate, heal and transform the skin while delivering the ultimate spa journey to induce deep relaxation.

Active Advantages

- Effectively transdermal to effect new granulation
- Biochemically compatible with the skin
- Powerfully antioxidant
- Targets, repairs and protects photo damage including UVA and UVB
- Deeply replenishing and hydrating
- Targets pigmentation to brighten and even skin tone

Rich in:

- Clinical grade essential oils and absolutes
- Hydrating hydrosols
- Organic mineral rich sun dried French clay
- Organic marine nutrients
- Anti-ageing vitamins
- Natural botanical and enzymatic exfoliants

Free from

- Petrochemicals, mineral oils and congesting stearates
- Benign synthetic fillers
- Sulphates
- Propylene glycol
- Artificial fragrances and colours

SPACEUTICALS BY WATERLILY

Spaceuticals is Waterlily's premium spa collection of regenerative and corrective cosmeceuticals, combining high performance actives, anti-ageing vitamins, aromaceuticals and antioxidants to deliver superior results.

Combat pigmentation, inflammation, fine lines, wrinkles, dull skin and the signs of ageing for a complexion that radiates confidence and youth.

WELCOME TO *a new level of beauty*

Spa Anise is a proud stockist of Australia's most exclusive and luxurious makeup brand, Issada - the gem of the mineral makeup industry.

Issada is an Australian-owned boutique makeup range specialising in pharmaceutical grade mineral makeup that is focused on skin health and protection. The Issada range has been specifically chosen to complement our Waterlily range and its focus on skin health and nutrition. Our trained therapists can recommend the perfect formula to complement your skincare regime to protect, heal and nourish your skin whilst achieving your desired coverage and flawless finish.

Capture the benefits of science, nature, colour and art that are unmistakably Issada.



ISSADA

makeup services

SPECIAL OCCASION MAKEUP - 1HR \$95PP

*Redeemable product options available on one hour sessions.

SUNSHINE COAST *hinterland*

YOUR SPA ANISE EXPERIENCE

We highly recommend you book spa treatments in advance by calling 1300 194 086 to assist in receiving your preferred time. As your treatment has been especially reserved for you, please arrive 10 minutes prior to your appointment. For the relaxation, enjoyment and privacy of all our guests, we recommend setting your mobile phone to silent. For ease and comfort we recommend wearing comfortable clothing and leaving valuables in the safety of your room/home.

We understand things may change and if you need to cancel or reschedule we will require 24 hours notice. Cancellations within this time will be charged the full treatment fee. Unfortunately late arrivals will result in a reduced treatment time.

We look forward to welcoming you soon and creating your ideal spa experience.



Bookings Essential - 1300 194 086

88 Obi Lane South, Maleny, Sunshine Coast

spaanise.com.au | spicertamarindretreat.com

